

## Caring for a Child after Anaesthesia

### Information for Parents

#### After anaesthesia...

- Your child may feel confused and unsteady after procedure. It can also affect his/her judgement so he/she may not be able to think clearly. This may last for up to 24 hours.
- Your child can go home after recovery from sedation with a responsible adult escort.

#### What should my child do at home?

- Your child may eat and drink again after the procedure. However, it is advised to take food/drink slowly and gradually as some children feel sick or may vomit after the procedure.
- Your child should take his/her usual medicines unless they are told not to by their doctor.

#### What should my child NOT do?

For at least 24 hours after procedure, please do not

- ☒ Participate in vigorous game or activities
- ☒ Climb heights
- ☒ Ride bicycle or operate any machinery
- ☒ Consume alcohol or sedatives

Please accompany with your child if possible to prevent fall.



#### Pain Relief

You will be provided with pain relief medicines as needed. We should make sure that you know how to give the pain relief medicines. It is usually best to give pain relief medicines regularly.

If you have any query concerning anaesthesia procedure after returning to home, you may contact the following number:

Department of Anaesthesiology and Perioperative Medicine	Monday to Friday	9 a.m. to 5 p.m.
	Saturday, Sunday and Public Holidays	Closed
	Hotline (Office hours only)	3513-3741

**In case of emergency, please consult for medical advice at  
nearby Accident & Emergency Department.**